



Materials: Prepare cards with different activities written on them.

Wise Time Cards: Help my parents. Read a good book. Learn a new skill. Exercise. Water plants. Pray or meditate. Help a friend. etc

Wasted Time Cards: Fight with friends. Complain all day. Watch random videos for hours. Do nothing when someone needs help. Keep saying "I'll do it later".

How to Play

1. Students stand in a circle.
2. The leader picks and reads a card aloud.
3. Students quickly decide:
 - ☒ "Wise Time!"
 - or
 - ☒ "Wasted Time!"
4. If the activity is a wise use of time, everyone takes one step forward and says: **"I grow!"**
5. If the activity wastes time, everyone takes one step backward and says: **"I can choose better!"**

Challenge Round: Ask: **"You have 2 extra hours today. How will you use them wisely?"**

Each student shares one idea.

Examples: Help my family. Learn a new language. Exercise. Read a book. Do seva. etc

Every good answer earns a **Time Blossom Point**

Closing: Students place their hands on their hearts and repeat: **"Time is a precious gift. I will use it wisely. I will learn. I will serve. I will grow. Every day, I will make my time blossom!"**