



How to Play

1. **Children strand in circle.** One child begins by saying a kind word or sentence to another child (e.g., “You are helpful,” “I want you on my team because you never give up,” “You make me smile”).
2. The child who receives the kind word must then pass on a new kind word/s to someone else in the circle.
3. Passing of kind words must be instant. If someone struggles or accidentally says something unkind, the Group Reminds dancing: “Words once spoken cannot be taken back. Your words should heal not hurt” and helps them replace it with a kind word.
4. **Closing Circle** When every child has given and received kindness, the group joins hands, jump up high and says together: “Kind words are like lanterns in the dark—they guide, heal, and inspire.!”

Variations

- **Silent Chain:** Instead of speaking, children write or draw a kind word on a card and pass it along.
- **Double Chain:** Each child must give two kind words—one about a friend’s personality and one about their effort.
- **Kindness Echo Journal:** After the game, children note one kind word they received and how it made them feel, creating a “Kindness Diary.”