



Materials: 2 baskets or boxes labeled: *Improve Yourself* and *See the Good in Others*

- Small cards with prompts (examples below)
- A picture of the flying horse (children can draw a pictures of flying horse on small papers)

Basket 1 — *Improve Yourself*

Each card describes a small weakness or habit to improve. Examples:

- “I sometimes forget to say thank you.”
- “I get impatient when waiting.”
- “I talk too loudly in class.”

Children draw a card, act out the situation, and show how they could improve it.

Basket 2 — *See the Good in Others*

Each card describes a good quality in someone else. Examples:

- “My friend helps others.”
- “My classmate always smiles.”
- “My teacher listens patiently.”

Children draw a card and express appreciation — through a compliment, short role-play, or drawing.

Winning Rule: When everyone has shared one improvement and one appreciation, the group earns the Flying Horse Badge — symbolizing that they’ve learned to “fly” with kindness and self-growth.

Reflection: Ask:

- “How did you feel when you appreciated someone?”
- “What happens when we try to improve ourselves?”