

🇬🇧 SSSSB Story 056b: New Beginning with Faith and Kindness [13+ years]



Maya was a young girl blessed with a kind heart, a sharp mind, and deep faith in God. Her parents had taught her that every day should begin with prayer, honesty, and gratitude. She also attended SSSSB classes, where she learned that living by human values is the foundation of a meaningful life.

Every morning, she prayed: “Dear God, guide my thoughts, words, and actions. Help me walk the path of peace and goodness.”

A new chapter soon unfolded—she moved to a new town for higher studies. Everything felt unfamiliar: the people, the school, the surroundings. At first, she felt nervous and alone. But she deeply remembered the lessons from her SSSSB classes: “Live by human values, no matter what.”

Each day, she began with prayer. She carried honesty in her heart, kindness in her words, and respect in her actions. She listened more than she spoke, and when she made mistakes, she accepted them with humility—never repeating the same error twice.

Challenges tested her patience in the new environment. Instead of complaining, she practiced faith, perseverance and hard work. She reminded herself: “Patience and faith turn challenges into strength.”

Over time, teachers and classmates noticed her goodness. They admired her—not only for her intelligence and helpfulness, but for her compassion, reliability, and sincerity.

Maya discovered that real success is not measured by wealth or position, but by the peace we carry within and the kindness we leave in the hearts of others.

One evening, standing beneath the setting sun, Maya smiled and whispered: “If we practice values in every moment - with faith, sincerity, love, and kindness—then every sunrise becomes a beautiful beginning.”

Question and Heat-Work: Think of a moment when you felt nervous or alone. Which human value (faith, honesty, kindness, respect) could guide you through that moment?