



A 15-year-old boy who was kind, respectful, and always ready to help others. However, life was not easy for him. He has challenges at home, and struggled with mathematics at school. Sometimes, classmates laughed at him when he made mistakes.

One evening, he sat sadly in the garden. His grandmother came and gently asked:

“Why are you so worried, grand-son?”

He sighed and replied:

“Grandma, we face so many challenges. I struggle at school, friends laugh at me, and life feels difficult. Why do we have so many challenges?”

His grandmother pointed to a small plant growing near a stone and said softly:

“Do you see that little plant? It became stronger because it faced harsh blow of wind, rain, and heat. Without challenges, it would never grow strong. In the same way, challenges help us grow.”

“Every challenge teaches us something. Hence, Stay calm, work hard, stay focused, be kind, help others, and never stop trying.”

That night, he prayed sincerely after light meditation: “My Beloved Dear Bhagwan Baba, please help me become stronger. I promise to do my very best to practice the good values, you have lovingly taught us. Please guide me to become a better person.”

From the next day onward, he practiced mathematics every day instead of giving up. When others teased him, he stayed calm and respectful. He helped people whenever they needed support.

Months later, he improved greatly in school. His teachers admired his hard work, and his kindness inspired many classmates.

During a school assembly, the principal said: “Success does not come from an easy life. It comes through patience, hard work, kindness, and courage during difficult times.”

The whole school applauded.

The boy smiled quietly and remembered his grandmother’s words: “**Every challenge is a lesson that helps us grow stronger.**”

Question and Heart-Work: Have you ever felt unsupported? What helped you continue?