

🇬🇧 Physical Class Game – Kindness Relay - SSSSB Story 055



Space: Playground or open hall

How to Play:

1. Children form two teams. Each team lines up like in a relay race.
2. At the starting point, place a basket filled with “Kindness Cards” (small slips of paper with simple acts written on them, e.g., *smile at a friend*, *say thank you*, *give a high-five*, *help someone tie their shoe*).
3. The first child in each team runs to the basket, picks a card, and runs back.
4. They must **act out the kindness** written on the card with their teammates before the next runner goes.
 - Example: If the card says *give a high-five*, they high-five everyone in their team.
 - If it says *say thank you*, they thank their team loudly and joyfully.
5. The relay continues until all children have had a turn.
6. At the end, everyone gathers and shares which kindness act they enjoyed the most.