

🇬🇧 English Version - SSSSB Story 019b: We Become Happy and Successful by Thinking, Speaking, and Acting with Goodness [13+ years]



In a small village in Congo lived two friends: Amara and Zola. They were cheerful and curious, but sometimes also sad.

Why? Because they saw that other children had more: modern houses, lots of toys, expensive schools, and they often got everything they asked for.

One afternoon they wondered: “Why do we have so little, while some children have so much?” “God is love and justice — so why doesn’t everyone have the same?”

They decided to ask their SSSSB-guru during Saturday class at the SSSSB Centre in Nzanza. When they told her everything, she smiled and said:

“What we experience today comes from our past. But with good thoughts, words, and actions, we can make our future brighter.

If you are honest, help where you can, speak with kindness, and send light from your heart — where God also lives — to others every day, Swami will help and protect you.”

Amara and Zola felt hopeful and began doing good deeds right away:

- They helped elderly people.
- They helped younger children with their schoolwork.
- They kept the SSSSB Centre neat and tidy.
- They practiced light meditation and sent light to themselves and to the whole world.

Slowly their lives began to change. They became loved, found peace, and became examples for others.

After three months, their guru said: “Look at what you have achieved. This is the power of good thinking, speaking, and acting — and the love and blessings of Swami.”

Amara and Zola understood deep in their hearts: “God is love and justice. With good behavior, we bring positive energy into the world, and life becomes more beautiful — for ourselves and for others.”

Question and Heart-Work: What is one way *you* could bring more positive energy into your family, school, or village?”