

🇬🇧 SSSSB Story 072b: The Girl from East [13+ yrs]



A fifteen-year-old girl moved with her family from the East to the West of her country and started a new school. Her accent, food, and culture were different from the Western part, and she was left-handed and left-footed while most classmates were right-handed. Because of such differences, some students looked at her strangely.

After her first day in school, she felt lonely. "It seems like nobody here wants to be my friend. Maybe this place is not for me," she thought.

One SSSSB student quietly observed her. The next morning, she went to school early and greeted her warmly: "Sairam, Girl from the East! How was your first day?"

"Not very nice," the girl replied. "You are the first person who has really talked to me. I even wanted to return back to the East"

The SSSSB student smiled: "My Gurus at SSSSB classes taught me to see the positive in other persons. I like your accent! ... and, your food looked delicious yesterday. May I try some today?"

The Girl from East began to smile. "Of course! At lunch, I'll share mine."

"And I'll share mine too", said the SSSSB student. "That way, we learn about each other's culture."

The Girl from East became curious and asked: "What is SSSSB? Can I come?"

"Of course! There's a class on Saturday. We'll go together.", said the SSSSB student.

From then on, things changed. Other students saw them laughing, sharing food, and talking about their cultures. They too began to admire the differences and learn from them.

The Girl from East began attending SSSSB classes, learning values of love, respect, confidence, helpfulness, and unity — and practicing them at school. Even her left-handedness and left footedness became an advantage in sports for her team, surprising the opponents.

Soon, she was no longer "the strange East Girl," but a beloved friend, admired for her accent, culture and talents.

Question: Do you also notice positive things in other people?

Heart-Work: Practice seeing the good in others and share your experience.

Om Sairam 🙏 [August 2026 📅 Matadi, DR Congo, SSSSB Student Archimède Diafukidi Wutai]