

🇬🇧 SSSSB Story 056a: Shila's New Beginning: Always Practice Values [5-12 years]



Shila was a nine-year-old girl, gentle and kind. She loved her SSSSB classes, where the Gurus taught that living with good values makes life beautiful. Her mother, a devotee of Shri Sanjay Sai Baba, always reminded her to start each day with prayer, honesty, and gratitude.

One day, Shila's father, a government officer, was transferred to a new town. Shila had to join a new school with new teachers, new friends, and a new environment. At first, she felt nervous and sad.

One evening, after school, she sat quietly in a garden, thinking of her old friends and Gurus who adored her for being kind and helpful. Suddenly, a parrot flew down and called: "Shila, Shila, Sairam!"

Surprised, Shila asked, "How do you know my name?"

The parrot replied, "Do you remember Guru Aama's words in class? Always practice the values, no matter what. I was there, flying above your heads when she said it!"

Shila laughed, remembering how the children giggled when the parrot flew around during class. Then she became calm. She took the parrot's message to heart: Always practice values, no matter what.

From that day, every morning Shila prayed with love: "Dear God, help me think good thoughts, speak kind words, and do good actions."

She tried her best to live kindly and respectfully. In her new school, she studied hard, spoke politely, helped her friends, and was always honest.

Soon, her teachers and classmates noticed her goodness. They praised Shila and said, "She is a wonderful example of good character."

Shila learned that when we practice values every day—kindness, honesty, respect, and hard work—people admire us, and our hearts feel peaceful and happy.

Question and Heart-Work: How can you make someone feel welcome when they are new?