

🇬🇧 SSSSB Story 070a: The Lost Puppy and the Lesson of Values [5-12 years]



Two best friends, both 10 years old, walked to school together every day.

One morning, Friend A did not come to school. After class, Friend B went to her house to see what had happened. She found her friend crying—her little puppy had gone missing. They had searched everywhere but could not find him. Friend A was so sad she even refused to eat.

Friend B comforted her: “Remember what our Guru in the SSSSB class teaches? Happiness and sadness come—but they are only temporary. We must not lose hope.”

But Friend A cried even more: “What if he is hungry? What if bigger dogs hurt him?”

Friend B reminded her: “In our last class, you shared that we should rise above sorrow and happiness. Let us practice kindness, prayer, and meditation. We do our good karma and leave the result to Bhagwan.”

Hearing this, Friend A became calmer. She realized she had already done everything possible to find her puppy. Now, she decided to pray for him.

Both friends sat together in meditation, praying with love for the puppy’s safety.

Suddenly, the little puppy came running from nowhere and jumped happily into Friend A’s arms!

Her tears turned into joy. She whispered: “Yes, it is true—when we practice values and have faith in God, peace and happiness return to our hearts.”

Both the friends learned: Life brings both joy and sorrow, but both are temporary. By practicing kindness, prayer, meditation, and faith in God—we can stay peaceful, inspire others, and trust that God always knows what is best.

“Be kind, pray, and trust God—happiness will always return.”

Question: What do you like most in this story?

Heart-Work: Practice prayers and share your experience.