English Version – Physical Class Game – Step Into Their Shoes! - SSSSB Story 101



How to Play: Children in pair of brother and sister, stand in line.

The teacher calls out a role or situation. Children quickly act it out for 5 seconds.
Situations:

- "You have to help set the table while your brother is playing outside."
- "You are allowed to stay outside longer because your parents trust you to come home on time."
- "Mom is helping your sister with homework."
- "Dad asks you to watch your younger sibling."

After each action, ask: **"What good quality is this child learning?".** Children can answer: Responsibility. Trustworthiness. Confidence. Patience. Independence. Kindness etc.

Now **Switch the roles!** Anyone acting as the brother becomes the sister, and vice versa.
Repeat one or two situations and ask: **"How do you feel now?"**

Help them realize that different children may receive different guidance because they have different needs.

Final Challenge
Teacher says: **"When something feels unfair..."**
Children take one step forward and say: **"...I will try to understand why!"**
Teacher says: **"When my parents guide me..."**
Children place their hands on their hearts and say: **"...I will learn and do my best!"**

Closing Cheer
All together: **"Every child is unique! Every child is loved! I will trust, learn, and grow!"**
Om Sairam 🙏 [November 2026 ✍ Kathmandu, Nepal, SSSSB Guru Neerana Shakya]