



If we manage time wisely, and avoid distractions,
we can always find time to what truly value.

One day after school, two SSSSB children were walking home together.

One child said, "I want to help more. I can help my teacher in the classroom, help in the SSSSB class, and help my parents at home."

The other child replied, "I also want to help, but I have homework, sports, and many other things to do. I think I am too busy."

The first child smiled and said, "I used to think the same. Then I learned that helping does not always take a lot of time."

"What do you mean?" asked the second child.

The first child explained, "I spend a few minutes helping my parents before dinner. At school, I help the teacher arrange books. In SSSSB, I help welcome younger children. Small acts of love only take a few minutes, but they make a big difference."

The second child thought for a moment. "So I don't need an extra hour to help?"

"No," said the first child. "We can make time by planning our day. We can finish our homework on time, spend less time on unnecessary activities, and use a few free minutes to help others. Our Gurus teach us that loving service begins with small acts done with a pure heart."

The second child smiled. "I can help my mother at home, help my friends at school, assist teachers, be kind to younger children, keep my class clean, help in SSSSB whenever needed. I think I can do that.!"

"Of course," said the first child. "My mother says, we should always look for opportunities to help. Even a small act of service done with love becomes a beautiful flower offered to God."

From that day on, both children made a little time each day to help others. They discovered that helping did not take away their happiness. Instead, it filled their hearts with joy.

Question: How do you help at home, school, or SSSSB?

Heart-Work: Try managing time to help. Next week share your experience.