

🇬🇧 Physical Class Game – The Sharing Table Challenge - SSSSB Story 073



Setup:

- **Sharing Table:** In the centre of the playground or classroom, put a mat or something.
- Each child brings one small item they don't use anymore (pencil, eraser, sticker, toy, or even a kind note).

How to Play:

1. **Circle of Giving** – Children sit in a circle around the Sharing Table. One by one, they place their item and say: *"I share this with love."*
2. **Circle of Receiving** – After everyone has placed something, children may choose one item from the Sharing Table that they need or like.
3. **Joyful Reflection** – Each child shares how they felt when giving and when receiving.

Rules:

- Everyone must give before they take.
- No one is forced to take something—sometimes giving is enough.
- Smiles and claps are shared after each turn to celebrate the act of giving.

Ending Chant: Together, the group chants: *"Happiness grows when we share!"*