



Amara and Zola live in a cheerful village in Congo. They are friends. Every Saturday, they go to the SSSSB class. There they sing, pray, and learn about Swami and about good and fun things.

One day, Amara says: “Zola, other children have lots of toys. We don’t have that many.”

Zola nods and says: “Yes, but our guru says that if we keep doing good, we will also get toys — and love from all people.”

That Saturday, Zola asks the guru: “How can we make our life more beautiful?”

The guru smiles and says: “By thinking good thoughts, speaking kindly, and doing nice things. Then Swami helps you to make the world even better.”

Amara shouts: “That’s what we want!”

From that day, they do something kind every day:

- They give grandma a glass of water.
- They help a little one learn to read.
- They smile and say: “Good morning and Sairam!” to everyone.
- They don’t fight but always play kindly with other children.

The people in the village notice how sweet Amara and Zola are. Everyone smiles at them. Their life becomes happier and more fun.

The guru says: “You are doing so well! Swami is proud of you.”

Amara and Zola shine with joy. They know: when you are kind, you become happy.

Question and Heart-Work: What is the one small thing you could do today to make someone’s life happier?