



One day at school, the exam results were announced. During a free period, two Grade 5 friends were talking quietly.

Student A asked kindly: "Friend, how did your results go?"

Student B sighed: "I need to study harder. My parents are unhappy with my marks. How about yours?"

Student A smiled gently: "My results are good."

Student B looked puzzled: "I studied hard. I even avoided playing the day before the exam. But I still feel confused about how to do better."

Student A nodded with understanding: "I used to waste time too - playing too much, ignoring my parents, forgetting to pray. But everything changed after I joined the **SSSSB classes**."

Curious, **Student B** asked: "What do you do there?"

Student A explained: "Our Gurus lovingly teach us to practice values—kindness, helping, serving, respecting, discipline, and prayer. They remind us that values are not just words we say—we must live them every day. Slowly I started practicing them.

Now, I do a short meditation each morning. In class, I try to give full attention to the teachers. At home, I finish homework first, then help my siblings and parents. Do you know, this has helped me a lot? My results are better, and I feel happier."

Just then, a **bright green parrot** flew in through the classroom window, squawking loudly: "Love! Serve! Prayer! Discipline! That's the secret! Sai Ram..." It flew away.

The children burst into laughter. **Student B** giggled: "Even the parrot knows your secret!"

Student A laughed too: "Yes, the parrot is right. Practicing values makes life joyful. My parents are happy, my teachers are happy, and I feel peaceful inside."

Student B's eyes sparkled: "Can I join too?"

Student A replied joyfully: "Of course! Next Saturday, you come with me. You'll be warmly welcomed."

Question: Which student are you—Student A or Student B?

Heart-Work: Give full focus in class. After some time, reflect and share how it made you feel.