



Amani from Congo and Veena from Nepal were both in grade 7. They often chatted about their classmates who attended the **Shree Sanjay Sai Soul Blossom (SSSSB) classes**.

Amani: "I've noticed something. The students from the SSSSB classes are different from the other students."

Veena: "That's true, I've noticed that too. In the SSSSB classes, they sing, play games, talk about the values in the stories, and they seem very confident."

Amani: "Yes, and they are also calmer, kinder, and more helpful than we are. They really seem to enjoy what they do."

Veena: "Shall we go to an SSSSB session one day?"

Amani: "Good idea! But first, let's ask the SSSSB students what the SSSSB classes are really about — and what they learn there."

The two friends nodded in agreement. They decided to interview some of the SSSSB students, eager to discover why the program had such a positive impact. Deep inside, they wondered: **Maybe one day, we could be part of it too.**

Question: What do you learn from this story?

Heart-Work: Share your experience with the SSSSB program with the students who want to know more before deciding to join.