



Aro and Kaya were two trees in a big forest. They wanted to become good trees with many branches, leaves, and delicious fruits. But no matter how hard they tried, their branches and leaves didn't grow well.

One day, they asked a wise guru: Guru ji, "How can we grow and become good trees?"

The guru said: "Think good thoughts, say kind words, and do nice things. Don't be jealous of others. Be friendly to everyone and send love to birds, animals, and people. Then your roots will be strong, and you will grow big with many leaves and sweet fruits!"

Aro and Kaya listened and did what the guru said. Soon, they grew big and strong and gave delicious fruits. They became an example for all the trees in the forest.

Question for the Day: What is one good thing you can do today that will help you grow like Aro and Kaya?