



Sia and Kavya were best friends. They studied in the same class and loved doing everything together. One sunny afternoon, as soon as the lunch bell rang, all the children happily opened their lunch boxes. But Kavya didn't open her lunch box. She looked sad. Sia noticed right away. "Kavya, what's wrong?" she asked softly. Kavya sighed. "Oh no! I forgot my lunch at home today. I guess I'll stay hungry until school is over."

Sia quickly held Kavya's hand. "You can share my lunch!" she said with a big smile. Kavya smiled back, but she gently shook her head. "Your lunch is just enough for you. If we both eat it, we'll both still be hungry."

Sia thought for a moment & looked around the classroom. Then her eyes sparkled. "I have an idea!" she whispered. Sia stood up and said, "Friends, can I tell you something?" "Kavya forgot her lunch today. What if each of us voluntarily share just one spoonful from our lunch box? Then no one will have too little, and Kavya will have a wonderful lunch."

For a moment, the classroom was very quiet. Soon, children came from every corner of the classroom & put their share on the plate. One brought a tiny sandwich, another brought apple slices, some others shared with chapati roll, lemon rice, dosas, grapes etc. Before long, Kavya's plate looked like a colorful rainbow picnic!

Kavya's eyes grew wide with surprise. "So much food... for me?" She looked at all her friends and smiled the biggest smile. "Thank you! Today, you didn't just share your lunch. You shared your friendship." The whole class sat together, talking, laughing, and enjoying their meal.

Their teacher watched with a proud smile and said, "you have learned that kindness grows when everyone shares a little."

From that day on, something wonderful happened. Whenever a child forgot a lunch box or didn't have enough food, nobody worried. The children would cheer, "One spoonful from everyone!" and just like magic, every plate became full, every tummy became happy, and every heart became even happier.

Because they discovered that even one small bite can make a very big difference.