

🇬🇧 SSSSB Story 069a: The Most Important Thing in Life [5-12 years]



In a small village, people gathered together and began to share their thoughts.

One person said softly, “Parents and grandparents.” Another smiled, “Teachers.” Someone else added, “Children and grandchildren.” Others shouted joyfully: “Sports!” “Swami!” “Lord Jesus!” “Lord Buddha!” “SSSSB class!” “School!” “Light meditation!” “Food and drink!” And some laughed: “Playing!”

Two children listened carefully to all these answers. Their hearts were full of curiosity.

The first child said: “Maybe the most important thing is vegetables and fruit, because they keep us strong and healthy!”

The second child replied: “Maybe the most important thing is running fast, because then we can win the races!”

The two children looked at each other, puzzled. Then they wondered aloud: “What do the SSSSB students think is the most important in life?”

And in that moment, they realized something beautiful: Everyone has their own answer, but the true importance lies in practicing good values—kindness, respect, love, and truth. These values shine brighter than anything else, because they guide us to live happily and inspire others, no matter our age.

Question: What is the most important thing for you?

Heart-Work: What is the most important thing for you, share your experience.