

🇬🇧 SSSSB Story 023a: The Bird Mission of Milan and Kiran [5-12 years]



Milan and Kiran were two cheerful boys from Nepal. They loved playing football together on the school playground. But every time there was a match, they made lots of mistakes. They kicked the ball too quickly, didn't look carefully, and got upset when things went wrong.

One day, the sports teacher said: "You're good, but you need more patience and focus."

Milan asked: "What is focus?"

The teacher smiled: "It means paying attention and staying calm."

She gave the boys a special task: "Every evening from 5.00 to 5:30 o'clock, go outside and count how many birds fly over your house. Write it down and come back next week."

The boys thought it was strange, but they did it anyway.

The first day, they shouted: "One! Two! Five! Or was it four?"

They lost count, laughed a lot, and got distracted.

The next day, the teacher said: "Try again. Count calmly. Watch carefully. Don't get distracted."

After a few days, Milan and Kiran got much better at counting. They stayed quiet, paid close attention, and made no more mistakes. And guess what! In the next football match, they played really well! They stayed calm, focused, and even scored!

The sports teacher clapped and said: "Bravo! You've learned it — with patience and focus, you can become better and better!"

Question and Heart-Work: Have you experienced that excitement or stress in an exam led to a different outcome than expected?