



A boy always earned good grades, won competitions, and loved being praised. One day, he worked together with a friend on a project. Just before the presentation, he thought to remove friend's name to get all the credit and appreciation.

His mind said, *"This is your chance to shine."* But a quiet voice within whispered, *"Be truthful. Remember who helped you. Success without honesty is empty."*

Ignoring that voice, he removed friend's name. Everyone applauded his presentation, yet he felt deeply unhappy inside. That night, he remembered his grandfather's words: **"The inner voice is God's voice. It always guides you towards truth, but only a quiet and sincere heart can hear it."**

The next day, he admitted the mistake and made sure the friend received the credit she deserved. Immediately, he felt great peace.

From that day onwards, he spent a few minutes every night reflecting on his actions. One day, in a dream, Lord Sanjay Sai Baba taught him Light Meditation and encouraged him to practice it daily. Through prayer, meditation, self-reflection, and practicing human values, he became kinder, more focused, respectful, and helpful. Gradually, he learned to hear his inner voice more clearly.

One day, before examination, a classmate secretly offered him a copy of the exam questions. His mind said, *"Take it. Nobody will know."* Confused, he sat quietly, meditated, and prayed. As his mind became calm, he heard the inner voice again: *"True success comes from honest effort. Trust yourself and do your best."*

He followed his heart and prepared honestly. When the results came, he got third position. Yet, he felt satisfied and peaceful because he had acted with integrity.

He understood a great truth: **The inner voice does not always lead us to the easiest path. It leads us to the right path.**

He discovered that when ego, pride, and the desire for praise become weaker, the inner voice becomes clearer. By practicing values, prayer, meditation, and good actions, he was able to hear God's guidance in his heart.

Question: Do you take time to listen to your inner voice? When you do, how does it make you feel?

Heart-Work: Practice to hear inner voice. And share experience, what did you do, how did it feel.