

🇬🇧 SSSSB Story 097b: A Little Time Makes a Big Difference [13+ years]



Two students were walking home after school one afternoon.

One of them said, “Did you hear? There will be a seva activity this weekend. I have never participated before, but I have decided that from now on I want to be involved whenever I can.”

His friend replied, “I would like to participate too, but my schedule is already full. Between school, homework, sports, family responsibilities, and other activities, I don't think I have any free time left.”

The first student nodded thoughtfully. “We all have the same twenty-four hours each day,” he said. “The real question is how we use them. Sometimes we spend a lot of time on things that are less important, like endless scrolling on our phones, unnecessary entertainment, or simply wasting time. If we manage our time wisely and set our priorities correctly, we can always find time for something meaningful.”

His friend listened carefully.

The first student continued, “Education, family responsibilities, and personal growth are important. But serving others is important too. Seva helps us become more caring, responsible, and compassionate human beings. Even one hour spent helping someone with love can bring happiness to many people and help us grow in character.”

“That makes sense,” said the second student. “I always thought seva required a lot of free time. Now I realize it is more about willingness than availability. If something truly matters to us, we will always make time for it.”

The first student smiled. “Exactly. Time is one of God's greatest gifts. When we use it wisely, we can fulfill our duties, develop our talents, and still serve others.”

From that day onward, they became more conscious of how they spent their time. They planned their time carefully, avoiding unnecessary distractions, they found opportunity to participate in seva activities. They discovered that serving others did not take time away from their lives. Instead, it gave greater purpose and meaning to the time they already had.

Question: What are some ways you can do seva at home, in school, or in your community?

Heart-Work: During the coming week, look for at least one opportunity to do seva. Share your experience – what did you do, did you face any challenges etc.