



Two friends in grade 9 came from very different economic backgrounds, yet they realized that their feelings were often the same.

Both convinced their parents to visit a wise Guru-Practice. Coincidentally, both families arrived on the same day. The rich family came by car and complained the whole way, while the other family traveled fourteen hours by bus and on foot - without complaining, grateful to meet the guru.

The guru first invited the less fortunate family inside. The wealthy father became upset and thought: *"This is unfair... this guru is not good."*

During the meeting, the rich father asked for more success and wished to become the richest man in the country. The other family asked the guru to bless everyone, especially those who struggle to meet their basic needs.

The guru smiled and said: *"I have an idea that will ease your worries and make you happier and more loved."*

Everyone listened eagerly. He continued: *"Exchange your homes for one week. On the seventh day, you will understand what to do."*

The rich family struggled with simple living, while the other family found the luxury strange but eye-opening.

On the seventh day, both families had the same idea: to open a charity shop where people could donate extra items and those in need could buy them for a very small price.

The shop quickly became a success. Those who gave away their unnecessary things felt lighter and happier, and their homes became cleaner and more peaceful.

Question: How do also have something that you can give away?

Heart-Work: Do you also have things at home that you don't really need? Choose one, ask your parent first, and then share it with someone who needs it. Later, share your experience..