



In grade 5, there was a little girl of noble character—calm, cheerful, and always ready to help. She spoke only when needed.

A new teacher who joined the school recently, was quietly drawn to this small girl. Though she said nothing at first, she observed her daily. As days passed, she noticed something remarkable—the child radiated gentle goodness and peace.

Curious, the teacher spoke with her privately during lunch. The girl explained: “My parents are devotees of Bhagawan Shri Sanjay Sai Baba. We regularly visit the ashram, attend bhajans, and listen to Swami’s discourses. They also joined me in the Shri Sanjay Sai Soul Blossom [SSSSB] class, where I learned the importance of practicing good values. They always remind us: ‘Think good, speak good, and do good.’ Ma’am, I simply try to follow what my SSSSB gurus taught.”

The teacher was deeply touched by the child’s simplicity and wisdom. That night, she found herself wondering: *Who is Bhagawan Shri Sanjay Sai Baba? Where is his ashram?*

Days later, she learned about the ashram in Narephant, Kathmandu, which was quite far away from her home. Instead, she began attending SSSSB classes regularly, where she learned Swami’s teachings through gurus and children. By sincerely practicing values, she discovered that true spiritual growth comes more from living values than from physical proximity alone.

Gradually, her colleagues and students noticed a beautiful transformation—she became more peaceful, joyful, and inspiring. Her calm presence uplifted the entire school atmosphere. Children loved being around her, drawn by her kindness and gentle guidance. Her students began showing better results, not only in studies but also in behavior and teamwork. The principal, observing this positive change, felt proud and grateful for her influence.

When asked about the secret behind her radiant energy, she smiled softly and said, “It’s the grace of Swami and the SSSSB path.” She encouraged colleagues and students also to join the SSSSB classes, which can also be attended virtually every Saturday.

Question and Heart-Work: Do you also inspire others who have not yet joined the SSSSB class? How would you inspire them?