

SSSSB Story 076b: The Wise Mermaid and Human Values [13+ years]



Deep in the ocean lived a mermaid who had been there for a very long time. She was wise and kind, and she could speak with all the animals. Every day, she taught the fish, plants, and sea creatures about good values—kindness, respect, and caring for one another.

After many years, she became curious about humans. Slowly, she swam toward the surface. But what she saw made her heart heavy: plastic and garbage floating everywhere. Some animals were sick from eating the waste, while others were trapped in it. The ocean's natural balance was broken.

She followed the rivers to the land and saw that many people only cared about their own families. Children were forgetting to practice good values, and nature was suffering. The Earth's treasures were being filled with garbage. The mermaid felt sad and wondered: *"Are there still people who love animals and want to protect nature?"*

For eight days she searched, but found no answer. On the ninth day, everything changed. She heard gentle voices coming from an **SSSSB class**. The Gurus and children spoke about kindness, caring for others, and protecting nature. During Light Meditation, the students sent love and light to the animals.

The mermaid felt their light reach her heart. She healed, and joy returned to her. She realized that these children were bringing true positive change to the world.

She swam back to the deep ocean, where her friends welcomed her with love. The animals asked, *"How are the humans?"*

The mermaid smiled and told them about the SSSSB class. The animals became so happy that they sang and danced. Inspired, they decided to start their own SSSSB classes under the sea, so that fish and sea creatures could also learn about love, kindness, and caring for nature.

Question: Why is it important to care for animals and nature?

Heart-Work: Do something kind for an animal. Share your experience in the next class.