



The Kindness Circle

Materials: A ball (or soft toy), small animal cards in which names of animals are written (Kindness, Sharing, Respect, Helping, Love, Gratitude)

How to Play:

1. Children sit in a circle.
2. One child holds the ball and says one kind word or action (example: *"Please"*, *"Thank you"*, *"I will share my snack"*).
3. After saying it, they gently pass the ball to the next child.
4. The next child must say another value word or action before passing the ball.
5. If a child forgets, they must draw an animal card. If an animal card (Cat, Bird, Squirrel) is drawn, the child must act out how they would show kindness to that animal (like feeding, caring, or sharing).
6. Continue until everyone has shared at least one value.
7. Everyone claps and cheers when a child shows a value in action!